HOW TO GROW

Plant basil, oregano and parsley seeds indoors, 4-8 weeks before last frost. Sow seeds just under the surface of the soil. Germination generally occurs in 1-2 weeks when soil is continuously moist, but not soggy.



Direct sow cilantro and dill seeds outside. Keep soil moist.

Carefully acclimate/harden off seedlings before transplanting to garden or containers when outside temperatures are 50°F or above. Space plants 6-12 inches apart.

Picking leaves regularly encourages growth. Herb flavor diminishes when plants flower, so pluck off flower stalks as they form until late summer, then allow them to grow and form seeds.

HOW TO HARVEST

All leaves of these herbs are edible. Wash leaves before eating. Basil, oregano, and parsley can be dehydrated for long-term storage.

HOW TO EAT

Use fresh basil for pesto and add along with parsley and oregano to many cooked dishes that include tomatoes. Basil is used in many Indonesian dishes.

Cilantro is used in Asian and southwestern or Mexican-style food. Use when making salsa.

Dill is often used in potato dishes and the seeds are essential to pickling cucumbers in the U.S.

Parsley is used in many dishes, it adds a fresh flavor to soups and salads.





HOW TO SAVE SEED RATING: EASY

Most herbs are perennial or reseeding hardy annuals that will regrow from their own scattered seed the following year.

No cross-pollination is possible between herbs on this list, however, if you grow additional varieties, be sure to use precautions if saving seeds.

After herbs bloom, they produce seeds that can be saved.

Seeds form in capsules or pods where flowers bloomed. Collect seed from spent flowers that are left on the plant when seed capsules or pods have browned and dried.

Remove chaff by threshing, screening or winnowing.

When seeds are fully dried, store in an airtight container. Herb seeds remain viable for 2-3 years when stored properly, but are best used the following year.

CREDITS

https://www.seedsavers.org/genovese-basil-organic-herb https://www.seedsavers.org/cilantro-organic-herb https://www.seedsavers.org/dill-bouquet-organic-herb https://www.seedsavers.org/genovese-basil-organic-herb https://www.seedsavers.org/parsley-giant-from-italyorganic-herb

https://www.seedsavers.org/greek-oregano-organic-herb https://www.seedsavers.org/learn#growing-guides



Find more information at rplmn.org/seed

Thank you to all volunteers and community partners for your support!







HERBS

Basil (Ocimum basilicum)

Cilantro (Coriandrum sativum)

Dill (Anethum graveolens)

Oregano (Origanum heracleoticum)

Parsley (Petroselinum crispum)



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