

COMMUNITY RESOURCE GUIDE

**Prepared by:
Olmsted County ECHO Center**



**ROCHESTER, MN
2024**

HOMELESS??

**Contact one of these agencies
to talk to someone about
resources and options that
might be a good fit for you.**

Olmsted County Access Sites

Three Rivers Community Action
1926 College View Rd E Ste. 1302
Rochester
507-316-0610 or 1-800-277-8418

The Salvation Army
115 NE 1st Ave, Rochester
507-288-3663

The Landing MN Inc.
426 3rd Ave SE, Rochester
507-884-0423

**MN Assistance Council for
Veterans**

507-345-8258

www.mac-v.org

**Youth and Family Services-
Lutheran Social Services**

1610 14th St NW Suite 300

Rochester

507-316-8273

Family Promise Rochester

507-281-3122

**Women's Shelter and
Support Center**

507-285-1010 or 507-285-1938

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CHILD & FAMILY SERVICES

Birthright 507-288-9374

830 S Broadway

- Pregnancy services such as pregnancy tests, maternity clothing, diapers, shampoo, baby wash, etc.
- Can be used 1x per calendar month- No income limit. Just need picture ID
- Hours Vary- Call to hear schedule

Catholic Charities 507-226-8033

903 West Center Street, #220

- Adoption planning and placement
- Pregnancy counseling
- One-time financial assistance for pregnant women and families with children up to age 1
- Free infant car seats and pack n' plays
- Diaper Bank
- Parenting groups and education

Crisis Nursery 507-287-2020

126 Woodlake Drive SE

- Mon – Fri 8am – 4:30pm
- May provide temporary short-term care for children for families in crisis
- No cost to the family
- Must be Olmsted County resident

Families First of Minnesota 507-287-2020

126 Woodlake Drive SE

- Child Care Aware of MN
- Head Start
- School Readiness
- Early Learning Scholarships

LSS Adoption and Pregnancy Counseling 651-646-7771
800-952-9302

- Supports birth parents through pregnancy services and concurrent planning
- Supports families wanting to adopt

Olmsted County Child and Family Services 507-328-6400

2117 Campus Drive SE

- **Family Support Team Services**
Pregnant and parenting teens, First time parents, families of color with child under 5 yrs., and families with at least one child under 10yrs.
- **PACE** – works with families of color who have school attendance issues
- **CARE** – support for parents who have a mental illness
- **Parent Support & Outreach** – links families to community resources
- **Youth Behavioral Unit** - works with teens and their behavior issues

THRIVE! Family Resource Center 507-258-9055

400 5th Ave SW

TanyaG@THRIVEFRC.ORG

- Childcare- Infants thru Pre-K
- Mon-Fri
- Supportive resources for families

Women, Infants & Children (WIC) 507-328-7555

2100 Campus Drive SE

- 7:30am – 5:45pm
- Walk ins & appointments
- Nutritious foods, such as milk, whole grains, cereal, eggs, fruits and vegetables, peanut butter or beans.
- Breastfeeding information and support
- Infants who are partially or not breastfed may receive iron-fortified formula
- Nutrition and health information
- Referrals to health and social services when appropriate

DAILY SOCIAL SERVICE

Family Service Rochester- GPS Program 507-328-6325

2117 Campus Dr SE

- Serves any individual or family in Olmsted County struggling to connect with resources or services they may need.

Southern Minnesota Center for Independent Living (SEMCIL) 507-285-1815

2200 2nd St SW

- Monday through Friday 8:00 - 4:30 PM
- Independent Living Skills instruction
- Assistance applying for benefits including social security/ disability
- PCA, respite, and homemaker Services

The Salvation Army 507-288-3663

115 NE 1st Ave

- Monday – Friday 8am – 4pm
- Personal hygiene items
- Daily showers, food, and hygiene

The Landing MN Inc. 507-884-0423

426 3rd Ave SE Daily 8am-8pm

- Serves those currently experiencing homelessness
- Food, clothing, hygiene Items, other basic need items

DENTAL CARE

Apple Tree Dental 507-424-1040

973 Skyline Drive SW

- General Dental Care
- Ages 1 or older
- All MA, MNCare, private insurance and sliding fee if eligible

Bridges Health- 507-280-3169

Winchester Wellness

1926 Collegeview Rd E

- Tuesdays 11am-2pm
- Free dental and wellness program. Includes preventative dental care, including x-rays, cleaning, fluoride treatment, and sealants
- Open to children and adults

Children's Dental Health Service 507-529-0436

903 West Center Street, #208

- Preventive dental care
- Ages 14 and younger
- All MA and MNCARE

Community Dental Care 507-258-7934

2120 US 14 E

- General dental care for all ages
- Private insurance MA, MNCARE and sliding fee if eligible

Dr. Richard Cohen 507-206-6780

2112 Viking Drive NW, Suite E

- General dental care for all ages
- Private insurance, MA and MNCARE

RCTC Dental Hygiene Clinic 507-280-3169

1926 College View Road SE

Heintz Center #216

- Preventive dental care including x-rays, cleaning, fluoride treatment & sealants
- Most private insurance and MA plans

The Salvation Army GSMC 507-529-4100

120 North Broadway, Suite B

- Emergency dental care only
- Adults Only
- All MA, MNCARE and sliding fee for those without insurance

EDUCATION

Hawthorne Education Center 507-328-4440

Adult & Family Literacy Program

700 4th Ave SE

- English language (ESL)
- GED preparation

Rochester Public Library 507-328-2300

101 2nd St SE

- Free library card, materials & internet access
- Children & adult program & classes
- Mon-Thurs 10am-8pm
- Fri- Sun 10am-6pm

Rochester Public Schools 507-328-3000

Edison Administration Building

615 7th St SW

- School registration
- General information

EMPLOYMENT

Aerotek 507-206-5777

3425 40th Ave NW

- Monday – Friday 8:30am – 5pm
- Walk-ins accepted

People Ready 507-286-1064

304 Elton Hills Dr. NW

- Work today - paid today

Workforce Development Inc. 507-292-5152
2070 College View Road E (Heintz Center, Door H8)

- Resource Area (free access to computers and technology)
- Free Clothing Closet (Professional Clothing)
- Triage Career Planners (one-on-one job seeker assistance)
- Weekly Job board (local job postings)
- Dislocated Worker Programming (unemployed through no fault of their own)
- Youth and Young Adult Programming (ages 15-24)
- MN Family Resiliency Program (Low-income male or female homemaker who is abandoned, separated, divorced or dealing with disability)

Express Employment Professionals 507-285-1616

2518 North Broadway

- Mon - Thur 7:30am – 5:30pm
- Friday 7:30am – 5pm
- Walk-ins & appointments
- Serve anyone

Global Employment Solutions

1032 15th Ave SE 507-292-6692

- Specializes in light industry

Kelly Services 507-282-1584

Manpower 507-285-0710
2746 Superior Drive NW, #320

Masterson Staffing 507-252-8481
401 16th Ave NW, #102

Veteran Employment Service 507-923-2828
2070 College View Road East

- Direct referrals for job openings
- Training for disabled veterans

FINANCIAL ASSISTANCE

Catholic Charities 507-226-8033
903 West Center Street, #220

- One-time financial assistance for pregnant women and women with children up to age one

Elocina LLC 507-206-6344

- Financial literacy and credit restoration services to individuals and organizations
- Tools and expertise to repair credit and return to financial freedom

Exodus Lending 612-615-0067

- Non-Profit helping Minnesota families break their cycle of payday loan debt

LSS Financial Counseling 1-888-577-2227
1610 14th St NW Suite 300

- Services to resolve credit card debt, education on credit scores and reports, student loan repayment, housing counseling services and achieving financial wellness

Olmsted County 507-328-6500

Family Support and Assistance

Family Support & Assistance

2117 Campus Drive SE

- Minnesota Family Investment Program
- Emergency Assistance (EA)
- Food support & health insurance

Prepare and Prosper 651-287-0187

- Free Tax Preparation

St. Vincent De Paul Society 507-216-7370

- Mon., Tue., Thur., Fri. 10am-2pm to arrange home visit
- Group of local church volunteers provides limited direct assistance to our friends in need.
- We assist with advice and friendship as well as financial assistance with rent and utility bills, food, gas, furniture and other needs on a limited basis

Three Rivers Community 507-316-0610
Action Program

1926 Collegview Rd E. Ste 1302

- Energy Assistance
- Homeless Prevention; Homeless Assistance
- SNAP Application Assistance

The Salvation Army 507-288-3663

115 NE 1st Ave

- Rent & utility assistance
- Transportation
- Laundry vouchers & clothing vouchers

Volunteer Income Tax Assistance

(VITA) Rochestertaxvolunteers@gmail.com

- Assists low- and moderate-income levels, the elderly, and disabled file their taxes
- Program occurs from February through April 15th.
- Call 211 or visit www.semntaxes.org for an appointment

FOOD SHELVES

Channel One Food Shelf

507- 424-1707

131 35 St SE

- Monday – Thursday, 8am – 6pm
- Friday, 8am – 12pm

**Life Gate Pantry/
Channel One** 507-206-3174
1310 10th Ave NE
1st Saturday, 10am to 12pm

Redeemed Christian Church 507-202-4726
1300 10th Ave NE
1st Saturday, 10am-12pm

Rochester Community Church 507-289-7491
971 16th St SE
2nd Saturday, 9am to 11:30 am

Ruby's Pantry
2703 9th Ave NW
2nd Saturday, 9am-10:30am

Oasis Church 507-289-8596
1815 38th St. NW
3rd Saturday, 10am to 11:30am

Hosanna's Pantry 507-285-0092
2815 57th Street NW
4th Saturday, 9am to 11:30am

The Salvation Army 507-288-3663
Food Pantry
115 NE 1st Ave
Tuesday & Friday, 10am to 3:30pm

FREE MEALS

Christ United 507-289-4019
Methodist Church
400 5th Ave SW

- Saturdays at Noon.

Community Food Response 651-789-2449
120 1st St NE

- Monday, Wednesday, & Friday 4pm-6pm. Enter through West door
- Prepared food to take home and eat with your family.
- Can pick up food for friends or neighbors too.
- No registration, no income guidelines. We feed all who come to us for food.

Family Service Rochester 507-287-2010
Senior Cafe
1625 Hwy 14 E

- Mon., Wed., Thur.
11:30am
- Call day ahead to reserve your meal
- \$4 suggested donation

Open Table Food Truck 507-288-2649

- Every Thursday night
- 5pm at Parkside Park- 2245 Park LN SE
- 5pm at Zumbro Lutheran Church
Door 8 624 3rd Ave NW
6pm at Eastridge Estates Apartments
2009 17th ST SE

St. Francis of Assisi Church 507-288-7313

1114 3rd St SE

- Sunday lunch from 11:30am – 12:30pm

The Landing MN Inc. 507-884-0243

426 3rd Ave SE

The Salvation Army 507-288-3663

115 NE 1st Ave

- Bread Shelf
Monday-Friday, 8:00am – 4:00pm
- Lunch
Monday-Friday, 11:30am – 12:30 pm

HEALTH CARE

Bridges Health Collaboration 507-457-2891

1310 10th Ave NE

- Preventative health and wellness services
- 1st and 3rd Saturdays from 10am-12pm
- Sept- Nov and Jan- Apr

Community Health Services Inc. 507-529-0503

1926 College View Rd. SE Door H-13

- Sliding-fee scale services
- Immunizations
- General medical exams
- Well Child checks/Sports Physicals
- CHW/Navigator
- Therapy/Counseling
- Health information and referrals

First Care Pregnancy Center 507-282-3377

40 16th St SE

- Free pregnancy tests
- STD testing
- Supportive services and referrals
- Adoption Services

Intercultural Mutual Assistance Association (IMAA) 507-289-5960

2500 Valleyhigh Drive NW

- Community Health Workers

Mayo Clinic 507-284-2511

200 1st St. SW

- Medical, surgical, specialty care
- Adults and children
- Mayo Express Care clinics in Rochester

Olmsted County Public Health 507-328-7500

2100 Campus Drive SE

- Immunizations

- Communicable disease information
- STD and HIV Clinic
- Health information and referral

Olmsted Medical Center Clinic 507-288-3443
210 9th St. SE

- Medical, surgical, specialty care
- Adults and children
- Branch clinics located in Rochester and southeast Minnesota
- Skyway Clinic-downtown Rochester (292-7250)

Olmsted Medical Center 507-529-6600
Hospital
1650 4th St. SE

Planned Parenthood 507-288-5186
1212 7th St. NW

- HIV & STD testing
- Birth control
- Pregnancy testing
- Men and women served

Rochester Veteran (VA) Clinic 507-252-0885
3551 Commercial Dr SW Suite 400

- Primary Care, Mental Health, Social Work and some Specialty Care
- Main VA hospital is in Minneapolis
- If you have thoughts of harming yourself, call **1-800-273-8255**

St. Mary's Hospital 507-255-5123
1216 2nd St. SW

The Salvation Army GSMC 507-529-4100
120 North Broadway

- Services for general medical, psychiatry and psychology, pediatrics, eye, diabetes
- Call to schedule appointments
- Branch clinics located in Rochester and southeast Minnesota

The Landing MN Inc. 507-884-0423
426 3rd Ave SE Open daily 8am – 8pm

- On-site Medical Care
- On-site Psychiatry
- On-site Social Services

Health Insurance

Health Access MN 507-589-8649
info@healthaccess.mn

- MNsure-certified navigators offering free application and enrollment assistance through MNsure (for Medical Assistance, MN Care, and private health plans)
- Call or email for an appointment

Intercultural Mutual Assistance Association (IMAA) 507-289-5960
2500 Valleyhigh Drive NW

- Certified MNsure Navigators to assist with insurance understanding and enrollment

HIV/AIDS Resources

JustUsHealth 612-373-2437

- Web site: justushealth.org
- E-mail: mapaidline@mnaidsproject.org

Mayo Clinic HIV Clinic 507-255-7763

Minnesota Pharmacy Syringe Access Initiative

- To prevent disease transmission among IV drug users, may purchase up to 10 new syringes without a prescription at a participating pharmacy
- www.health.state.mn.us/syringe

Rural AIDS Action Network (RAAN) 1- 800-966-9735

- Website www.raan.org

HOTLINES

Catholic Charities

507-287-7807

Pregnancy, Parenting and Adoption

- Pregnancy information and counseling hotline

Crisis Response for SE MN 1-844-274-7472

- Suicide, depression, mobile response
- 24/7 phone support
- Text Line: Message HOME to 741741

Disability Hub MN 1-866-333-2466

- Statewide referral & assistance
- www.disabilityhubmn.org

Domestic Violence Hotlines

- National Hotline 1-800-799-7233
TTY: 1-800-787-3224
Text **START** to **88788**

Family Planning STD Hotline 1-800-783-2287

Text **ASKMN** to **66746**

HOME Line 1-866-866-3546

Tenant Hotline

National Suicide Prevention Hotline 1-800-273-TALK (8255)
or dial **988 for Help**

Safe Harbor 507-328- 7270

Regional Navigator

- Serves Sexually Exploited Youth
- Housing, medical, legal support and access to survivor groups
- 24-hour Crisis Line 507-289-0636

Senior Linkage Line 1-800-333-2433

Victim Services - Sexual Assault Program

- Office Phone 507- 328-7270
- 24-hour crisis phone 507-289-0636

LANDLORDS/APARTMENTS

For information on landlords please visit

www.olmstedcounty.gov.

Type in Housing Search List for a complete list of landlords in the Olmsted County area.

LEGAL SERVICES

Attorney General Office 1-800-657-3787

Immigrant Law 1-800-223-1368

Center of Minnesota

- Legal services for immigrants
- Education for communities on variety of immigration matters

Legal Assistance of Olmsted County (LAOC) 507-287-2036

1700 North Broadway, Suite 124

- Low income legal services.
- Examples include: government benefits, housing, elder, immigration, consumer, education, etc.
- Satellite clinic also offered at Community Health Services Inc.

1926 Collegeview Rd SE.507-529-0503

Mediation and Conflict Solutions 507-285-8400

- Mediation services for both adults and youth regardless of income.

Minnesota Board of Public Defenders 507-285-7370

206 Broadway Ave S Suite 500

Olmsted County District Court 507-722-7264

- Criminal, Civil, Traffic
- Orders for protection
- Juvenile/Family/Child Protection

Olmsted County Law Library 507-218-3778

OutFront Minnesota 1-800-800-0350

- Assistance with LGBTQ issues

Southern Minnesota 1-888-575-2954
Regional Legal Services (SMRLS)
903 West Center Street, Suite 230

- Low-income legal services
- Ex. Include: government benefits, housing, elder, immigration, consumer, education, etc.

MENTAL HEALTH

Associates in Psychiatry & Psychology 507-288-8544
3101 Superior Drive NW

Blue Stem 507-282-1009
124 Elton Hills Lane NW

Bridges Health 507-457-2891

Ellie Mental Health 651-313-8080
3425 40th Ave NW Suite 101

Family Service Rochester 507-287-2010
4600 18th Ave NW

Fernbrook Family Center 507-216-8350
2519 Commerce Dr NW Suite 210

Hope Ranch 507-281-3033
9145 80th Ave SE
Chatfield, MN

National Alliance on Mental Illness (NAMI) 507-287-1692

Nystrom and Associates 507-516-0030
401 16th St SE #100

Olmsted Medical Center 507-288-3443
210 9th St SE

Prairie Care 507-218-3701
5255 Members Prkwy NW

Resilience Center 507-540-0894
3006 Allegro Park Ln SW

Southeast Regional Crisis Center (SERCC) 507-322-3019
2121 Campus Dr SE

- 24/7 walk-in mental health facility
- Serves both adults and youth (ages 10-18)

The Salvation Army GSMC 507-529-4100
120 North Broadway

Zumbro Valley Health Center 507-289-2089
343 Woodlake Drive SE

OTHER HOUSING ASSISTANCE

Homeless Service Team 507-535-5642
ZVHC

29 7th St NE

- Serves the chronically homeless

Intercultural Mutual Assistance Association (IMAA) 507-289-5960
2500 Valleyhigh Dr. NW

- Immigrant/Refugee services
- Professional, language. & Interpretation services

Olmsted County Housing Stability Team 507-328-7175
2117 Campus Dr SE or
206 4th St SE (ECHO Center)

- Homeless Outreach and Assistance
- Assistance for housing related questions/ concerns

The Salvation Army 507-288-3663
115 NE 1st Ave

- Rent & utility assistance, permanent supportive housing, Rapid Rehousing and Emergency Housing

Three Rivers Community Action Program 507-316-0610
1926 Collegeview Rd E Ste 1302

- Emerging Markets Homeownership Program
- Energy Assistance
- Rehab loans
- Down payment assistance

SELF-DIRECTION

Community Engagement Response

Team(CERT), Real Talk

- Support group for Men of Color, 13+
- Provides a confidential space to bring real life issues and challenges that impact your daily life
- Contact dondimcintosh@gmail.com to get signed up.

Disability Specialists 1-800-642-6393

- Social Security application assistance

Disability Partners 1-866-577-9007 or 1-651-633-4882

- Social Security application assistance

Minnesota Alliance for Problem Gambling - Gamblers Anonymous 612-424-8595

Hustlers Anonymous 507-722-0415

- Call or text for information and location of meetings

Minority Owned Business Network 507-990-7223

- Networking, Business Education
- Resources (local, state, federal)
- Funding- hoping to raise capital
- Mentorship/ Coaching

Southern Minnesota Transgender Support Network

- info@Smtsnetwork.com

SHELTER

180 Degrees- VonWald Youth Shelter 507-280-0110

4435 Bamber Valley Rd. SW

- 12 beds that serve youth 12-19 years old
- Contact shelter for screening and availability

Dorothy Day Hospitality House 507-282-5172

Hospitality House

703 1st St SW

- Visits last 21 days. Must have 60 days between visits
- Dinner served daily at 6 pm
- House closed from 9am to 4pm

Family Promise Rochester 507-281-3122

913 1st St NW

- Program provides shelter for homeless families with at least one minor child

Rochester Community Warming Center

200 4th St SE 507-226-8033 or 507-287-2047

- Accommodates 48 individuals
- Open nightly from 8pm-8am. Intake is from 8pm-10pm
- Separate sleep, shower, and bathroom for women. Shower, laundry facilities

The Landing MN Inc. 507-884-0423
426 3rd Ave SE Open daily 8am-8pm

- Shelter from the elements
- 3 meals a day
- Toiletries
- Clothing
- Cold weather essentials
- Free shower facilities
- Free Laundry Facilities
- On-site medical care
- On-site social services
- Legal Assistance kiosk

Women's Shelter and Support Center 507-285-1010

- Serves women experiencing domestic abuse

SHOWER TIME

The Landing MN Inc. 507-884-0423
426 3rd Ave SE

- Showers available from 9am-5pm

The Salvation Army 507-288-3663
115 NE 1st Ave

- Showers allowed at set day and times
- Monday – Friday
- 9:00 am – 11:00 am
- 1:00 pm – 2:30 pm

SUBSIDIZED HOUSING

Elderly (62+), under 62 if handicapped &/or disabled

Byron

- Rolling Heights 507-775-2109

Eyota

- Lifestyle Management 507-451-8524

Pine Island

- Knollwood Apartments 507-356-8448
- Fox Meadows 507-634-4188

Rochester

- Central Towers 507-285-1118
- Fontaine Towers 507-288-1128
- Northgate Plaza 507-289-2022
- Park Towers 507-285-9051
- Kenosha Drive
Apartments 800-466-7722
- Oakridge 507-281-1031
- Newbridge 507-282-8284
- High Pointe 507-282-8385
- Bostrom Terrace
Apartments 800-466-7722

Family &/or handicapped:

- Ashland Place 507-512-5562
- The Hylands 507-288-4201
- Innsbruck 507-289-1319
- The Square on 31st 507-288-9205
- Eastridge Estates 507-285-0022
- ValleyHigh Flats 507-884-3451
- Eastgate Apartments 507-405-5001

Stewartville

- Downtowner II 507-451-8524
- Eastside Village 507-533-4953

SUBSTANCE USE

If you are on Medical Assistance (MA or PMAP i.e. UCare) you can now receive a comprehensive assessment at the treatment facility of your choice.

Those without MA/PMAP must still contact ABHU Intake at 507-328-6558

Alcoholics Anonymous (AA) 800-839-1686

- To locate meetings
www.aadistrict1.org

Common Ground 507-281-0023
2227 7th Street NW Suite 100

Community Pathways to Family Health and Recovery (CPFHR) 507-269-2650

- cpfhr.org
- Narcan education and distribution
- Weekly educational and support meetings for families affected by substance use

Doc's Recovery House 507-216-3353
1821 Restoration Rd SW

Empower CTC 507-292-1379
602 11th Ave NW

Fountain Center 507-252-0818
4122 18th Avenue NW

Minnesota Adult & Teen Challenge 507-288-3733
1530 Assisi Drive NW

National Drug Helpline 1-800-662-4357
Narcotics Anonymous (NA) 1-800-407-7195

- 24-hour phone
- <https://www.naminnesota.org/od>

New Season-Rochester Metro 507-282-0142
2360 N. Broadway

NuWay 507-225-0400
300 11th Ave NW

Nystrom and Associates 507-516-0030
401 16th St SE #100

Pathway House 507-287-6121
613 2nd St SE

Recovery is Happening 507-218-4773
25 6th Street NE

The Gables (Women Only) 507-282-2500

Zumbro Valley 507-289-2089
Health Center
343 Woodlake Drive SE

SUPPORTIVE HOUSING

Change Services 612-749-0227

Cronin Home Inc. 507-282-1204
825 West Silver Lake Drive NE

Northern Hills 920-819-0032

Board and Lodge
Regency House/ 507-923-1406
Serenity Homes

TEEN/YOUNG ADULT SERVICES

Boys & Girls Club 507-287-2300
of Rochester

1026 East Center St

- Monday – Friday 2:30pm – 8:00pm
- 7am- 6pm on non-school days
- Summer- 7am-6pm
- Gives every child access to a safe, nurturing, educational environment that positively impacts their lives.

Friendship Place 507-529-8791

1429 4th Ave SE

- After School Program. Homework support, healthy snacks & craft projects
- Evening tutoring
- Summer Program - 8/10 weeks long with reading classes, crafts & games

LSS Youth Resource Center 507-316-8273

624 3rd Ave SW

(Zumbro Lutheran Church)

- Enter at door #8 across from Soldier's Field Park
- Monday – Thursday 1pm-5:30pm
- Serve youth and young adults from ages 16-24

National Teen Dating Abuse Hotline 1-866-331-9474

- If calling is not available:
Text – LOVEIS to 22522

National Runaway Safeline 1-800-786-2929
1-800-Runaway

Q Club 507-328-2346
101 2nd St SE

- A safe and welcoming meet-up for LGBTQIA teens and allies ages 13-18
- Program is for teens grades 7-12

Rochester Public School Student in Transition Services 507- 328-4354

- Homeless youth/families
- Immediate enrollment
- Free breakfast & lunch

Workforce Development, Inc. 507-292-5152
2070 College View Rd. E.

- Serving at-risk and/or disadvantaged youth
- 15-24 years old
- Education and employment resources

Youth and Family Services- 507-316-8273

Lutheran Social Services

1610 14th St NW Suite 300

- Serves at-risk & homeless youth ages 16-25
- Serves both families & individuals
- Access to emergency shelter
- Provides basic needs items: food, bus tokens, & clothing

THRIFT STORES

Goodwill 507-281-9651 & 507-424-1860

239 28th St SE & 1987 Scott Road NW

- Monday-Friday 10am – 8pm
- Saturday 10am – 7pm
- Sunday 11am – 6pm

Restore 507-258-5505

Habitat for Humanity

3034 40th Ave NW

- Wednesday/Thursday/Friday 12 – 6pm
- Saturday 9am – 4pm

Savers 507-536-2564

1201 South Broadway

- Monday-Saturday 10am – 9pm
- Sunday 10am to 7pm

Thrift on 5th

400 5th Ave SW 507-289-4019

- Wed 4pm-7pm, Sat. 9am- 12pm, Sun. 10am– 11am
- Adult Clothes- \$1.00; Children’s- 50¢
 - Limit 10 items per person

TRANSPORTATION

Med City Taxi 507-282-8294

Rochester Public 507-328-7433

Transit Bus

UCARE Health Ride 1-800-864-2157

Yellow Cab 507-282-2222

Whitehorn Reliable Shuttle 507-722-1395

Service

- Transportation to work, school, and special events.
- Rides must be pre-scheduled

VETERAN SERVICES

LSS CORE 1-844-577-2673

Veteran Services

- Serves veterans and their families with case management, behavioral health, and financial counseling

Olmsted County Veterans Service Office

2100 Campus Drive SE 507-328-6355

- Assistance veteran benefits
- Financial assistance

Rochester Veteran (VA) Clinic 507-252-0885

3551 Commercial Dr SW Suite 400

- Primary medical & mental health care

Veteran Employment Service 507-292-5152

2070 College View Road East

- Direct referrals for job openings
- Training for disabled veterans

Veteran Suicide Prevention Line 1-800-273-8255
or dial 988

VICTIM SERVICES

Family Service Rochester 507-287-2010

4600 18th Ave NW

- Women and children's domestic violence support group
- Project Restore. Program for men who have had concerns around domestic violence

Intercultural Mutual Assistance Association (IMAA) 507-289-5960

2500 Valleyhigh Dr. NW

Olmsted County 507-328-7270

Victim Services

Olmsted County Government Center

151 4th St SE – 3rd floor

- **24-hour** 507-289-0636
CRISIS LINE
- Provides support, information, options and resources sexual assault victims
- Serves Sexually Exploited Youth

Women’s Shelter and Support Center 507-285-1010

- Assistance with Orders for Protection & Harassment Orders
- Lodging, meals & transportation provided

Homeless Community Network Supporters

Center City Housing Corp.
Channel One Food Bank
Christ United Methodist Church
Community Food Response
DFO Community Corrections
Dorothy Day Hospitality House
Families First
Habitat for Humanity
Hawthorne Education Center
Intercultural Mutual Assistance Assoc.
Family Promise Rochester
Youth and Family Services- Lutheran Social Services
Mayo Clinic Division of Community Engagement
Olmsted County Community Services
Olmsted County GPS
Olmsted County HRA
Olmsted County Public Health
Olmsted County Veteran Services
Olmsted County Victim Services
Olmsted Medical Center
RCTC-Community Youth Program
Rochester Community Church
Redeemer Lutheran Church
Rochester Outreach Center
Rochester Police Department
Rochester Public Library
Rochester Public Schools
Southeastern MN Center for Independent Living, Inc.
Southern MN Regional Legal Services
St. Francis of Assisi Church
St. Vincent De Paul Society
The Landing MN Inc.
The Salvation Army
Three Rivers Community Action, Inc.
United Methodist Church
United Way of Olmsted County
Women's Shelter and Support Center.
Workforce Development, Inc.
WSU-Rochester-Nursing Program
Zumbro Valley Health Center
Zumbro Valley Medical Society

Ordinances and information to be aware of if you are experiencing homelessness:

Aggressive Panhandling:

Panhandling is protected speech and is protected by the constitution and allows for individuals to solicit funds, picket, and protest in a respectful manner. What is not permitted in Rochester is what the law says is aggressive panhandling. Aggressive pan handling is not allowed under a Rochester ordinance and looks like the following:

- Touching or making physical contact with another person
- Repeated requests after being told no
- Blocking the paths of others
- Following others
- Intimidating others
- Cursing or using other obscene gestures
- Making statements that may make others feel harassed or compelled to give money
- Within 15 feet of a bank, ATM, or outdoor dining areas
- Asking for money on public transportation
- Approaching moving cars

If you are asked more than once to stop any of the behaviors above, you may be at risk of a misdemeanor offense. Best to stop if warned one time by an officer and avoid the risk of any charges.

Pedestrian Skyway System

- Skyway is open from 5:30am until midnight
- Avoid blocking paths or walkways
- Be mindful of noise from music players or radios. Keep at a reasonable volume.
- Clean up after yourself
- Avoid verbal or physical altercations. This is a quick way to be trespassed or receive other criminal charges
- Be sure to go outside to smoke or vape
- Avoid damaging any parts of skyway

Notes

ACKNOWLEDGEMENTS

A special **Thank You** goes out to everyone who works hard advocating for those whose voices have not been heard.

Any questions/ comments/ suggestions for changes regarding the content found within the Community Resource Guide please call 507-328-6486.

