

## WHAT IS THE SEED LIBRARY?

The Seed Library offers free seeds and resources for planting, growing, harvesting, and seed saving. Grow your own food and return your saved seeds to share with the community if you are able.

#### WHY A SEED LIBRARY?

- Empower community members to grow their own food by offering free seeds.
- Support food security and improve access to the freshest, healthiest food possible.
- Provide a culturally diverse selection of seeds so the multitude of cultures represented in our community can grow foods that reflect their palate and preferences.
- Keep open pollinated seed varieties thriving and in use.
- Connect people to community resources for planting, growing, harvesting, and seed saving.
- Learn how to save seeds for the next growing season, share with friends and family, and return seeds to the Seed Library.

## Find more information at **rplmn.org/seed**

### WANT TO DONATE SEEDS?

The Seed Library accepts donations of vegetable, herb, and flower seeds.

Donated seeds must be from open-pollinated, nongenetically modified, non-hybrid and/or heirloom plants that are not listed as invasive species by the Minnesota Department of Natural Resources or the Minnesota Department of Agriculture.

Why no GMO or hybrid (F1) seeds? Donated seeds may not produce plants exactly like the parent plant if appropriate isolation techniques were not used. These seeds can be grown for food, but not grown for seed saving and distribution.

Donated seeds should be dry and include a completed donation form. Donation forms can be found at <u>rplmn.org/seed</u>. Donations can be dropped off at the 1st floor Public Service Desk.

## Thank you to all volunteers and community partners for your support!





# SEED LIBRARY





101 Second Street SE, Rochester, MN 55904 507.328.2309 | www.rplmn.org



## HOW DOES THE SEED LIBRARY WORK?

- 1. CHOOSE what you can use.
  - No check out required.
  - Limit to 15 seed packets per person.
  - Availability and selection of seeds will change.
  - Choose necessary resource sheets to help you grow.
    These are available online or in person.
- 2. **GROW** what you brought home.
  - Plant your seeds in some soil with lots of sun and add water.
- 3. **SAVE** seeds from what you grew and bring back to the Seed Library for others to use.

### **SEEDS AVAILABLE 2024**

#### VEGETABLES

Beans (Bush & Pole Varieties) **Beets Bitter Melon** Broccoli Cabbage Carrots Cauliflower Corn (Sweet Corn) Cucumber Eggplant Greens (Bok Choy, Chinese Broccoli, Chinsaga, Mizuna & Mustard Greens) Kale Lettuce (Looseleaf & Mixed Varieties) Melon (Muskmelon & Watermelon) Onion (Bunching & Bulb) Parsnips Peas Peppers (Sweet and Hot) Radish Spinach Squash (Summer Squash, Winter Squash and Pumpkin) Tomatillo Tomatoes (Cherry, Paste & Slicers)

#### **EDIBLE FLOWERS**

Such as Calendula Mix and Nasturtium

#### HERBS

Such as Basil, Cilantro, Dill, Oregano, and Parsley.

#### **FLOWERS AND NATIVES**

Such as Milkweed, Black-eyed Susan, Blackberry Lily and New England Aster.

## **CANCER-FIGHTING FOOD**

Mayo Clinic and the Rochester Public Library are collaborating to provide seeds for growing healthy, cancer-fighting foods to the community.

The Seed Library offers a variety of seeds that can help fight cancer cells and stop them right in their tracks.

Look for seed envelopes with the cancerfighting food logo:



3 Ways to Spot a Cancer-Fighting Food, 2023, Mayo Clinic video

